

# Pumpkin Chutney Recipe

Here's a good way to use up some of your lovely pumpkin.

## Ingredients

2lb (900 g) pumpkin, peeled and chopped  
1 lb (450 g) tomatoes, peeled and chopped  
2 cloves garlic, chopped  
1 pint (570 ml) white vinegar  
1 ½ teaspoons allspice berries  
1 ½ teaspoons white peppercorns  
1lb (450 g) onion, peeled and sliced  
1 ½ lbs (675 g) brown sugar  
1 ½ tablespoons salt  
1 ½ teaspoons ground ginger  
1 ½ teaspoons of black peppercorns

## Method

Place the chopped pumpkin in a pan and cover with vinegar, add the sliced onions, chopped garlic and chopped tomatoes.

Crush the allspice and peppercorns, add both to the pan then stir thoroughly and leave for about 1 hour.

Add the ginger, salt and sugar to the mixture and bring it to the boil slowly. Simmer for about 45 minutes, stirring occasionally and taking care that the consistency does not get too much like that of jam.

Allow the chutney to cool, pour it into clean jars, cover and store.

More recipes are on the pumpkin pages at the village website [www.longparish.org.uk](http://www.longparish.org.uk).



# Fourteenth Great Longparish Pumpkin competition

Sun 10 October 2010 4pm

Entry is free and hot dogs, squash and teas are available (donations welcome). Please support our raffle. All the proceeds will go to the Playgroup.

Except for classes 5 and 6, all entries must have been grown by the contestant. It does not matter whether your pumpkin is a pumpkin (yellow or orange) or a squash (green) or even if it is a gourd or a marrow. In each class prizes will be given for first (£5), second (£3), third (£2). All entries will be weighed but if you enter more than one only the best will count for prizes. All entrants will receive a certificate.

Please put your entry on the table for your class (or on the floor if it is very big) and label it with your name.

There will also be prizes for the prettiest (not decorated, just pretty) and the most unusual pumpkin.

There are four classes for pumpkins grown by the competitor. We hope you got your plants from the School May Fayre but it is not compulsory!

- |         |                  |                 |
|---------|------------------|-----------------|
| Class 1 | Heaviest pumpkin | Age 6 or under  |
| Class 2 | Heaviest pumpkin | Age 7 to 11     |
| Class 3 | Heaviest pumpkin | Age 12 to 15    |
| Class 4 | Heaviest pumpkin | Age 16 and over |

There are also open classes as follows

- |         |   |                 |
|---------|---|-----------------|
| Class 5 | Decorated pumpkin (need not have been grown by the entrant) | Age 6 and under |
| Class 6 | Decorated pumpkin (need not have been grown by the entrant) | Age 7 and over  |
| Class 7 | Decorated Pumpkin – team entry – any age                    |                 |

**Results and pictures will be on the village website at [www.longparish.org.uk](http://www.longparish.org.uk)**

**Please park away from the entrance when you have unloaded.**